

Abbreviations and Acronyms

A

AC. Acromioclavicular
ANS. Autonomic nervous system
ASA. Acetylsalicylic acid
AVPU. Alert, verbal, pain, unresponsive

B

BCE. Before the common era
BRAT. Bananas, rice, applesauce, toast
BVM. Bag valve mask

C

CBC. Complete blood count
cc. Cubic centimeter
CDC. Centers for Disease Control and Prevention
CE. Common era
cm. Centimeter

D

DA. Department of the Army
DCAP-BTLS. Deformity, contusion, abrasion, penetrations/punctures, burns, tenderness, laceration, and swelling
DD. Department of Defense
DOB. Date of birth
DOD. Department of Defense

E

EAC. External auditory canal
EENT. Eyes, ears, nose, and throat

F

FDA. United States Food and Drug Administration
FDLMP. First day of last menstrual period
FOOSH. Falling on an outstretched hand
Ft. Foot or feet

G

G. Gauge
g. Gram
GAS. Group A Streptococci
GCS. Glasgow Coma Scale
GEN. General impression
GERD. Gastroesophageal reflux disease
GI. Gastrointestinal
Gtts. Drops. From the Latin “guttae.”

H

HCAI. Healthcare-associated infections.
HEENT. Head, eyes, ears, nose, and throat
HIPAA. Health Insurance Portability and Accountability Act
HIV. Human immunodeficiency virus
Hr. Hour
HSV. Herpes simplex virus
Hx. History

I

IAW. In accordance with
ID. Identification, intradermal
IED. Improvised explosive device
IM. Intramuscular
IN. Intranasal
In. Inch (in.)
IO. Intraosseous
IV. Intravenous

K

kg. Kilogram
km. Kilometer

L

L. Liter
Lb. Pound
LDPE. Low-density polyethylene
LLQ. Left lower quadrant
LUQ. Left upper quadrant

M

m. Meter
MAD. Mucosal atomization device
MARCH. Massive external hemorrhage, airway, breath-
ing, circulation, and hypothermia or head injury
mcg. Microgram
MDI. Metered-dose inhaler
mg. Milligram
Min. Minute
mL. Milliliter
mm. Millimeter
mm HG. Millimeters of mercury
MO. Medical officer
MOI. Mechanism of injury
MRSA. Methicillin-resistant *Staphylococcus aureus*
MTF. Medical treatment facility

N

NAD. No acute distress
NCOIC. Noncommissioned officer in charge
NRB. Non-rebreather
NSAID. Nonsteroidal anti-inflammatory drug

O

OD. Oculus dexter (right eye)
OE. Otitis externa
OM. Otitis media
OPQRST. Onset, provoking or palliative factors,
quality, radiation or region, severity, and timing
OS. Oculus sinister (left eye)
OTC. Over-the-counter
OU. Oculus uterque (both eyes)

P

PERRL. Pupils equal, round, regular, and reactive
to light
pH. Hydrogen ion concentration: acidic (<7.0),
neutral (7.0), or basic (>7.0)
PHI. Personal health information
PID. Pelvic inflammatory disease
PMS. Pulse, motor, and sensory
PPE. Personal protective equipment
PTA. Peritonsillar abscess
PUD. Peptic ulcer disease
PULHES. Physical capacity or stamina, upper
extremities, lower extremities, hearing and ears,
eyes, and psychiatric

R

RICE. Rest, ice, compression, and elevation
RLQ. Right lower quadrant
ROM. Range of motion
RTC. Return to clinic
RTD. Return to duty
RUQ. Right upper quadrant

S

SAMPLE. Signs and symptoms; allergies; medica-
tions; past medical, surgical and social history; last
oral intake; event leading up to illness or injury
SC. Subcutaneous
SF. Standard Form
SH. Social history
SI. International System of Units
SNS. Somatic nervous system
So Hx. Social history
SOAP. Subjective, objective, assessment, and plan
SOP. Standard operating procedure
SQ. Subcutaneous

T

TBSA. Total body surface area
TCCC. Tactical combat casualty care
TKO. To keep open
TM. Tympanic membrane
TRD P. Tenderness, rigidity, distention, and
pulsating masses
TTP. Tenderness to palpation
TXA. Tranexamic acid

U

µg. Microgram
µL. Microliter
URI. Upper respiratory infection

V

V/A. Visual acuity

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AM General, South Bend, IL
Ambu, Inc, Columbia, MD
Amphastar Pharmaceuticals, Inc,
Rancho Cucamonga, CA
Armstrong Medical Industries, Inc, Lincolnshire, IL
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Photographic Support

Dee Crawford (photographer)	Victoria Hernandez
Michael W. Davis (photographer)	Brandon Hill
Jose E. Rodriguez (photographer)	Alexandria Hollenbech
Laura Aune	Adekunle Joseph
Matthew Bailey	Dylan L. Karr
Vincent E. Bartolome	Cassandra R. Kohler
Travis L. Bearden	Danielle L. Krueger
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Logan R. Harris	Breanna C. Whitley
Aaron Hawthorne	Alexander J. Wilkins
Olivia C. Head	Keith E. Wyatt
Sabrina A. Hernandez	

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